

# Clocking up the miles to complete your challenge?

Why not try some of these fun activities to mix things up and keep everyone entertained.



PADDY'S  
ULTRA  
ENDURANCE  
CYCLE  
CHALLENGE

## HOW WILL YOU ROLL?

BBBC  
CHILDREN  
IN NEED

BBBC  
RADIO 2

## Create an obstacle course

Set up cones to cycle, scoot or roll around. Challenge yourself and your friends or family to get around your course in the fastest time.

## Go on a scavenger hunt

What can you spot while you're out on your bike or scooter ride? Challenge yourself to find yellow leaves, circular signs and items beginning with 'P' for Pudsey

## Get creative

Challenge Yourself to decorate your bike, scooter, wheelchair or roller-skates and look the part as you clock up the miles.

## Play I-Spy

I spy with my little eye, something beginning with C... Challenge! Challenge yourself and your friends to a game of I-Spy while you're out and about

## Celebrate and fundraise

Why not turn the end of your challenge into a mini fundraising event? Gather friends and family to meet you at the finish line for a bake sale, for more fun on wheels or just to cheer you on as you hit your target. It's guaranteed to top up your total on the day! We have tonnes of resources available on our website to help you.



**Good luck, and remember - How Will You Roll?**